







# SEPTEMBER




## MARQUARDT VILLAGE SENIOR LIVING COMMUNITY

### SEPTEMBER CALENDAR OF EVENTS 2019

1045 Hill St. Watertown, WI 53098 - Phone (920)262-0923 - [www.marquardtville.org](http://www.marquardtville.org)

SUNDAY 1	MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6	SATURDAY 7
<b><u>PARK TERRACE</u></b> 9am WORSHIP SERVICE <b><u>MHC</u></b> 10am WORSHIP SERVICE <b><u>PARK RIDGE</u></b> 11am WORSHIP SERVICE <b><u>PH</u></b> 12:30pm POTLUCK <b><u>PCN</u></b> 3pm KINGS IN THE CORNER <b><u>TC</u></b> 2-4pm EUCHRE		<b><u>PCN</u></b> 7pm SHEEPSHEAD <b><u>PCS</u></b> 9:30am EXERCISE 1:30pm CRAFTS <b><u>PH-PCN-PCS</u></b> 12pm VOGUE CLEANERS DROP OFF <b><u>TC</u></b> 10:30am SIT & FIT 11am QUIDDLER 11:30am WALKING CLUB 1:30pm SOCIAL BILLIARDS 1:30pm A DAY OF REMINISCING LABOR DAY WITH CONNIE MUNDT 5-6pm CRAVE DINNER GATHERING  <b><u>FOOTBALL SPIRIT WEEK</u></b> SEPTEMBER 3-6 TEAM TUESDAY – WEAR YOUR FAVORITE TEAM COLORS 	<b><u>PCN</u></b> 10-11am BLOOD PRESSURE 1pm EUCHRE <b><u>PCS</u></b> 2pm DOMINOS <b><u>MHC</u></b> 6:30pm CATHOLIC ROSARY <b><u>TC</u></b> 9am WORKOUT WEDNESDAY WITH TRACY & ROOTBEER FLOATS 9:30-11am SEWING CLASS 10am SHEEPSHEAD IN ESCAPADES 10am BEGINNER CHAIR DANCING 10:30am ADVANCED BALANCE 1pm BRIDGE IN ESCAPADES 1pm HEALTHY HANDS AND ACTIVE SENSES 2pm WII BOWLING  <b><u>FOOTBALL SPIRIT WEEK</u></b> SEPTEMBER 3-6 9AM WORKOUT WEDNESDAY – READY, SET, GO WITH TRACY AND ROOTBEER FLOATS!	<b><u>PH</u></b> 10am ADULT COLORING 6:30-8:00pm DEPRESSION SUPPORT GROUP <b><u>PCS</u></b> 9:30am EXERCISE 10-11am GREETING CARDS 2pm SKIP-BO 6:30pm BRIDGE <b><u>PH-PCN-PCS</u></b> 12pm VOGUE CLEANERS DROP OFF <b><u>TC</u></b> 9am BREAKFAST WITH THE CHEF 10:30am SIT & FIT 11am TAILGATE THURSDAY HOTDOG LUNCHEON 12:30pm LINE DANCING 1:30pm SOCIAL BILLIARDS 1:30pm FOOTBALL BINGO <b><u>FOOTBALL SPIRIT WEEK</u></b> SEPTEMBER 3-6 TAILGATE THURSDAY – 11AM HOTDOG LUNCHEON \$3.00 RESERVATIONS DUE SEPTEMBER 3	<b><u>PH</u></b> 1:30pm BINGO <b><u>PCN</u></b> 1pm RUMMIKUB <b><u>TC</u></b> 9am BETTER BALANCE 9:15am PACKERS VICTORY FRIDAY COFFEE 9:15am SKAT 10am ADVANCED CHAIR DANCE CLASS 11am BRIDGE 11am MOVING TO MUSIC 1pm BRAIN GAMES 1:30pm IT'S A TOUCHDOWN PARTY WITH MARK WENZLAFF AND JANICE SCHMIDT  <b><u>FOOTBALL SPIRIT WEEK</u></b> SEPTEMBER 3-6 9:15am VICTORY FRIDAY – HUT, HUT, HIKE ON OVER FOR DONUTS, COFFEE AND FOOTBALL SPIRIT! WEAR YOUR GREEN AND GOLD! 	<b><u>PH</u></b> 1:30pm BINGO <b><u>PCS</u></b> 9:30am EXERCISE 12pm POTLUCK 7pm BINGO <b><u>MHC</u></b> 1:45pm MUSIC BY TERRY JACOBS <b><u>TC</u></b> 9-10am GET HEALTHY WATERTOWN WALK ON SATURDAY 10-11am CHAIR STRETCH, BALANCE AND MOVE CLASS WITH BETH

<p>8</p> <p><b>PARK TERRACE</b> 9am WORSHIP SERVICE <b>MHC</b> 10am WORSHIP SERVICE <b>PARK RIDGE</b> 11am WORSHIP SERVICE <b>PCN</b> 3pm KINGS IN THE CORNER <b>TC</b> 2-4pm EUCHRE</p>	<p>9</p> <p><b>PH</b> 10am GREETING CARDS <b>PCN</b> 1pm RUMMIKUB 1:45pm GREETING CARDS 1:30pm SOCIAL STITCH <b>PCS</b> 1pm SHEEPSHEAD 1:15pm BRIDGE 3pm Wii BOWLING <b>PH-PCN-PCS</b> 9:15am PIGGLY BUS 2-4pm CERAMICS <b>TC</b> 8am GENTLE YOGA 9am BETTER BALANCE 10am ROSEMALING 11am LITERATURE AND LUNCH 1pm MAH JONGG 1pm MINDFUL MOVEMENT 1:30pm LITERATURE AND LUNCH 2pm HEARING TESTS 2:30pm ORIGAMI 4pm BIBLE STUDY WITH AL &amp; KATHY REINHARD</p>	<p><b>PH</b> 10 2:30pm BIBLE STUDY WITH JANE GEHLER <b>PCN</b> 7pm SHEEPSHEAD <b>PCS</b> 9:30am EXERCISE 1:30pm CRAFTS <b>TC</b> 10am WELLNESS EDUCATION LEARN-A-BIT BRAIN HEALTH WITH TRACY BIGARI 10:30am SIT &amp; FIT 11am QUIDDLER 11:30am WALKING CLUB 1:30pm SOCIAL BILLIARDS 4pm BIBLE STUDY WITH JANE GEHLER 5-6pm CRAVE DINNER GATHERING</p>	<p><b>PH</b> 11 1:30pm BINGO <b>PCN</b> 1pm EUCHRE <b>PCS</b> 10-11am BLOOD PRESSURE 2pm DOMINOS 3:30pm RESIDENT MEETING <b>MHC</b> 6:30pm CATHOLIC ROSARY <b>TC</b> 9am SIT &amp; STRETCH 10am SHEEPSHEAD IN ESCAPEDES 10am BEGINNER CHAIR DANCING 10:30am ADVANCED BALANCE 1pm BRIDGE IN ESCAPEDES 1:30pm ANTIQUES TREASURE DAY WITH JOAN JOHNSON 2:30pm WII BOWLING</p>	<p><b>PH</b> 12 6pm ADULT COLORING <b>PCS</b> 9:30am EXERCISE 10-11am GREETING CARDS 2pm SKIP-BO 6:30pm BRIDGE <b>TC</b> 9am BREAKFAST WITH THE CHEF 10am BIKE RIDE AROUND TOWN 10:30am SIT &amp; FIT 12:30pm LINE DANCING 1:30pm SOCIAL BILLIARDS</p>	<p><b>PH</b> 13 8:30am MUG N' MUFFIN <b>PCN</b> 1pm RUMMIKUB <b>TC</b> 9am BETTER BALANCE 9:15am SKAT 9:15am MORNING CUP ON THE STRETCHES PATIO 10am ADVANCED CHAIR DANCE CLASS 11am BRIDGE 11am MOVING TO MUSIC 1pm BRAIN GAMES 1:30pm GRANDPARENTS DESSERT SOCIAL WITH EASY DAYS QUARTET 2:45pm MARQUARDT VILLAGE HOLIDAY CHORAL INFORMATIONAL MEETING</p> <p style="text-align: center;">Happy Grandparents Day</p>	<p><b>PCS</b> 9:30am EXERCISE 6:30pm MOVIE <b>SHALL WE DANCE?</b> STARRING RICHARD GERE, JENNIFER LOPEZ, SUSAN SARANDON <b>MHC</b> 1:45pm MUSIC BY AL ANDERSON <b>TC</b> 9-10am GET HEALTHY WATERTOWN WALK ON SATURDAY 1:30pm SATURDAY BINGO 10-11am CHAIR STRETCH, BALANCE AND MOVE CLASS WITH BETH</p>
<p>15</p> <p><b>PARK TERRACE</b> 9am WORSHIP SERVICE <b>MHC CHAPEL</b> 10am WORSHIP SERVICE <b>PARK RIDGE</b> 11am WORSHIP SERVICE <b>PCN</b> 3pm KINGS IN THE CORNER <b>TC</b> 2-4pm EUCHRE</p>	<p><b>PH</b> 16 10:00-11:30am GREETING CARDS <b>PCN</b> 1pm RUMMIKUB 1:30pm SOCIAL STITCH <b>PCS</b> 1pm SHEEPSHEAD 1:15pm BRIDGE 3pm Wii BOWLING <b>PH-PCN-PCS</b> 9:15am PIGGLY BUS 2-4pm CERAMICS <b>TC</b> 8am GENTLE YOGA 9am BETTER BALANCE 9:30am TIE FLEECE BLANKETS 10-11am ROSEMALING 1pm MAH JONGG 1pm MINDFUL MOVEMENT 4pm BIBLE STUDY WITH AL &amp; KATHY REINHARD</p>	<p><b>PH</b> 17 11:30-12:30pm LUNCH &amp; LEARN FUNCTIONAL FITNESS WITH TRACY <b>PCN</b> 7pm SHEEPSHEAD <b>PCS</b> 9:30am EXERCISE 1:30pm CRAFTS <b>TC</b> 9:15am FIRESIDE TRIP/THE BOOTH BROTHERS 10:30am SIT &amp; FIT 11:00am QUIDDLER 11:30am WALKING CLUB 1:30pm SOCIAL BILLIARDS 5-6pm CRAVE DINNER GATHERING</p>	<p><b>PH</b> 18 10-11am BLOOD PRESSURE <b>PCN</b> 1pm EUCHRE <b>PCS</b> 2pm DOMINOS <b>MHC</b> 6:30pm CATHOLIC ROSARY <b>TC</b> 9am SIT &amp; STRETCH 10am SHEEPSHEAD IN ESCAPEDES 10am BEGINNER CHAIR DANCING 10am GREETING CARD WORKSHOP WITH KATHY REINHARD 10:30am ADVANCED BALANCE 1pm BRIDGE IN ESCAPEDES 1pm HEALTHY HANDS AND ACTIVE SENSES 1:30pm A DAY ON THE FARM WITH DAPHNE HOLTERMAN 2:30pm WII BOWLING</p>	<p><b>PH</b> 19 10am ADULT COLORING 6:30-8:00pm DEPRESSION SUPPORT GROUP <b>PCS</b> 9:30am EXERCISE 10-11am GREETING CARDS 2pm SKIP-BO 6:30pm BRIDGE <b>TC</b> 9am BREAKFAST WITH THE CHEF 10-11am FREE TECHNOLOGY HELP WITH REGINA THOMPSON 10am BIKE RIDE AROUND TOWN 10:30am SIT &amp; FIT 12:30pm LINE DANCING 1:30pm SOCIAL BILLIARDS 2pm MARQUARDT VILLAGE GAME DAY</p>	<p><b>PH</b> 20 1:30pm BINGO <b>PCN</b> 1pm RUMMIKUB <b>TC</b> 9am BETTER BALANCE 9:15am SKAT 9:15am MORNING CUP ON THE STRETCHES PATIO 10am ADVANCED CHAIR DANCE CLASS 11am BRIDGE 11am MOVING TO MUSIC 1pm BRAIN GAMES 1:00pm MUSIC WITH SUTTER BROTHERS DUO</p> <p style="text-align: center;">Love that Country Music</p> 	<p><b>PH</b> 21 1:30pm BINGO <b>PCS</b> 9:30am EXERCISE 2pm CHICKEN FOOT BINGO <b>MHC</b> 1:45pm MUSIC BY JESSIE WALKER <b>TC</b> 9-10am GET HEALTHY WATERTOWN WALK ON SATURDAY 10-11am CHAIR STRETCH, BALANCE AND MOVE CLASS WITH BETH</p>

<p>22 <b>PARK TERRACE</b> 9am WORSHIP SERVICE <b>MHC CHAPEL</b> 10am WORSHIP SERVICE <b>PARK RIDGE</b> 11am WORSHIP SERVICE <b>PCN</b> 3pm KINGS IN THE CORNER <b>TC</b> 2-4pm EUCHRE</p>	<p>23 <b>PH</b> 10:00-11:30am GREETING CARDS <b>PCN</b> 1pm RUMMIKUB <b>1:30pm SOCIAL STITCH</b> <b>PCS</b> 1pm SHEEPSHEAD 1:15pm BRIDGE <b>3pm Wii BOWLING</b> <b>PH-PCN-PCS</b> 9:15am PIGGLY BUS 2-4pm CERAMICS <b>TC</b> 8am GENTLE YOGA 9am BETTER BALANCE <b>9:30am TIE FLEECE BLANKETS</b> 10-11am ROSEMALING <b>1pm MAH JONGG</b> 1pm MINDFUL MOVEMENT <b>4pm BIBLE STUDY WITH AL &amp; KATHY REINHARD</b></p>	<p><b>PCN</b> 24 7pm SHEEPSHEAD <b>PCS</b> 9:30am EXERCISE 1:30pm CRAFTS <b>MHC</b> <b>1:45pm ECUMENICAL WORSHIP SERVICE</b> <b>TC</b> 10:30am GLUTEN FREE DIET WITH CLAIRE MURRAY <b>11am QUIDDLER</b> <b>11:30am WALKING CLUB</b> <b>1-3pm MARQUARDT VILLAGE SHEEPSHEAD TOURNAMENT</b> 1:30pm SOCIAL BILLIARDS <b>4pm BIBLE STUDY WITH JANE GEHLER</b> <b>5-6pm CRAVE DINNER GATHERING</b></p>	<p>25 <b>PCN</b> 1pm EUCHRE <b>PCS</b> 2pm DOMINOS <b>MHC</b> 6:30pm CATHOLIC ROSARY <b>TC</b> 9am SIT &amp; STRETCH <b>10am SHEEPSHEAD IN ESCAPADES</b> <b>10am HOSPICE BEREAVEMENT AT HAFEMEISTER FUNERAL HOME</b> <b>10am BEGINNER CHAIR DANCING</b> 10:30am ADVANCED BALANCE 1pm BRIDGE IN ESCAPADES 1pm HEALTHY HANDS AND ACTIVE SENSES <b>1:30pm FIDGET BLANKETS</b> <b>1:30pm MARQUARDT VILLAGE PROGRESSIVE BINGO</b> <b>2:30pm WII BOWLING</b> 4pm ALZHEIMER'S SUPPORT GROUP AT WATERTOWN PUBLIC LIBRARY</p>	<p>26 <b>PH</b> 6pm ADULT COLORING <b>PCS</b> 9:30am EXERCISE 10-11am GREETING CARDS 2pm SKIP-BO 6:30pm BRIDGE <b>TC</b> 9am BREAKFAST WITH THE CHEF <b>10am BIKE RIDE AROUND TOWN</b> 10:30am SIT &amp; FIT <b>11:15am HORICON MARSH SIGHTSEEING TRIP</b> 12:30pm LINE DANCING 1:30pm SOCIAL BILLIARDS</p>	<p>27 <b>PH</b> 1:30pm BINGO <b>PCN</b> 1pm RUMMIKUB <b>TC</b> 9am BETTER BALANCE 9:15am SKAT <b>9:15am MORNING CUP ON THE STRETCHES PATIO</b> <b>10am ADVANCED CHAIR DANCE CLASS</b> 11am BRIDGE 11am MOVING TO MUSIC 1pm BRAIN GAMES <b>1:30pm SONGS ABOUT THE OUTDOORS WITH NEAL &amp; CONNIE MUNDT</b></p> 	<p>28 <b>PCS</b> 9:30am EXERCISE 2pm CHICKEN FOOT <b>6:30pm MOVIE DUMBO</b> STARRING COLIN FARRELL, MICHAEL KEATON, DANNY DEVITO <b>MHC</b> 1:45pm MUSIC BY RANDY KIEL <b>TC</b> 9-10am GET HEALTHY WATERTOWN WALK ON SATURDAY <b>10-11am CHAIR STRETCH, BALANCE AND MOVE CLASS WITH BETH</b></p>
<p>29 <b>PARK TERRACE</b> 9am WORSHIP SERVICE <b>MHC CHAPEL</b> 10am WORSHIP SERVICE <b>PARK RIDGE</b> 11am WORSHIP SERVICE <b>PCN</b> 3pm KINGS IN THE CORNER <b>TC</b> 2-4pm EUCHRE</p>	<p>30 <b>PH</b> 10:00-11:30am GREETING CARDS <b>PCN</b> 1pm RUMMIKUB <b>1:45pm GREETING CARDS</b> <b>1:30pm SOCIAL STITCH</b> <b>PCS</b> 1pm SHEEPSHEAD 1:15pm BRIDGE <b>3pm Wii BOWLING</b> <b>PH-PCN-PCS</b> 9:15am PIGGLY WIGGLY BUS 2-4pm CERAMICS <b>TC</b> 8am GENTLE YOGA 9am BETTER BALANCE 10-11am ROSEMALING <b>1pm MAH JONGG</b> 1pm MINDFUL MOVEMENT <b>4pm BIBLE STUDY WITH AL &amp; KATHY REINHARD</b></p>	<p><b>LOCATION KEY:</b> Park Hill: PH Park Centre North: PCN Park Centre South: PCS Towne Centre: TC Marquardt Health Center: MHC  <b>Make sure to check your calendar daily for all events. Some events are only listed on the calendar.</b></p> 	<p>PLEASE NOTE: EVERYONE WELCOME TO ATTEND THE MOVIE NIGHTS AT PARK CENTRE SOUTH September 14 &amp; 28! Treats will be served! See calendar for details!</p>	<p><b>TECHONOLGY HELP</b> Do you need further assistance with your smartphone, iPad or laptop? Plan to attend on September 19 with Regina at Towne Centre Occasions from 10-11am or call Joan Genz at (920)262-0923 or ext. 6020.</p>	<p><b>BISTRO HOURS:</b> MONDAY-FRIDAY 7:00AM-2:30PM CLOSED SATURDAY &amp; SUNDAY  <b>CRAVE HOURS:</b> MONDAY-FRIDAY 4:00PM-8:00PM SATURDAY 10:00AM-8:00PM SUNDAY 10:00AM-5:00PM</p>	<p><b>MUSIC FOR ALL</b> Join us for music at the Marquardt Health Center Nurses Station 2 Living Room September 7, 14, 21 &amp; 28 See calendar for details!</p> 

## CALENDAR HIGHLIGHTS

### GRAVE DINNER GATHERING

Towne Centre Crave

Tuesdays

5:00-6:00pm

Join us for the **Crave Dinner Gathering** every Tuesday. A social gathering where you can meet weekly for a drink, dinner or an evening out! Come and eat with friends to socially celebrate Tuesdays! The table is set for anyone interested in eating together. All are welcome to join us.

### BREAKFAST WITH THE CHEF

Towne Centre Bistro

Thursdays

9:00am

Price: \$6.95

Join a Marquardt Village Chef each Thursday for a tasty menu of breakfast foods served family style in the Bistro. Start your day with a delicious breakfast and enjoy the camaraderie with friends and family!

Friends and family welcome.



### FOOTBALL SPIRIT WEEK

Are you ready for some football?

Help us kick off the Green Bay Packers season! Join us for football fun!

Tuesday, September 3<sup>rd</sup>

Team Tuesday – wear your favorite team colors!

Wednesday, September 4<sup>th</sup>

Towne Centre Stretches

9:00am

Workout Wednesday – ready, set, go with Tracy! Football (root beer) floats will be served following the workout!



Thursday, September 5<sup>th</sup>

Towne Centre Stretches

11:00am

Tailgate Thursday – hotdogs, chips, pickle & cookie will be served. Cost: \$3.00.

Reservations due by Tuesday, September 3<sup>rd</sup>.

1:30pm

Football Bingo - bingo games, special prizes & cookie!

Price: \$.50 per card (4 total cards)

7:20pm

It's Game Time! – Green Bay Packers vs. Chicago Bears

Friday, September 6<sup>th</sup>

Towne Centre Stretches

9:15am

Victory Friday – hut, hut, hike on over for donuts, coffee and football spirit! Wear your green and gold!

1:30pm

Get in the game – music by Mark Wenzlaff and Janice Schmidt

All participants will be awarded a drawing ticket for each spirit event you attend throughout the week. A special drawing will be held on Friday following the music!

Be our guests! Join us for a week of football fun and friends!

Please note that all of our events, trips and special gatherings are open to friends, family and the community!

### MORNING CUP

Towne Centre Stretches Patio

Fridays, September 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup> & 27<sup>th</sup>

9:15am

Join us on the patio every Friday for coffee and try your hand at one of America's most popular game shows, Wheel of Fortune!

Come and put your puzzle solving talent to the test and maybe leave with a prize!

### LABOR DAY...A DAY OF REMINISCING

Tuesday, September 3<sup>rd</sup>

Towne Centre Stretches

1:30pm

Come and reminisce with us about your work life...those were the days! Connie Mundt will facilitate the group.

Light refreshments will be served.

Everyone is welcome to attend.

### FOOTBALL BINGO

Tuesday, September 5<sup>th</sup>

Towne Centre Stretches Room

1:30pm

Bingo games, special prizes and cookies!

Price: \$.50 per card (4 total cards)

Invite your family and friends for a fun afternoon social! All children welcome!

### IT'S A TOUCHDOWN PARTY!

Friday, September 6<sup>th</sup>

Towne Centre Stretches

1:30pm

Join us to kick off a good time with music by Mark Wenzlaff and Janice Schmidt. Wear your green and gold!

Light refreshments will be served.

Everyone is welcome to attend.

### LITERATURE AND LUNCH

Monday, September 9<sup>th</sup>

Towne Centre Occasions

11:00am. & 1:30pm.

Join Kay Ward and Nancy Von Boeckmann who will facilitate the monthly book discussion held on the second Monday of each





month. Books will be provided for you to borrow at each meeting.

**September 9, 2019** – *Code Girls* by Liza Mundy

**October 14, 2019** – *The Girl They Left Behind* by Roxanne Veletzos

Lunch at the Bistro is optional for those who want to continue the conversation!

## **FREE HEARING AID SCREENING**

**Monday, September 9<sup>th</sup>**

**Towne Centre Lower Level Office  
(Across from Strides)**

**2:00pm**

Watertown Wisconsin Hearing Aid Center will offer a FREE hearing test to check for hearing loss. First come, first serve basis.

## **ORIGAMI BUTTERFLY**

**Monday, September 9<sup>th</sup>**

**Towne Centre Stretches**

**2:30pm**

Learn to make a beautiful handmade origami butterfly with step by step instruction by Kay Ward. All supplies will be provided.

Butterflies will be made to benefit hospice patients and families served by Marquardt Village Hospice.

**Everyone is welcome to attend.**



## **WELLNESS EDUCATION**

### **“LEARN-A-BIT”**

**Tuesday, September 10**

**Towne Centre Stretches**

**10:00am**

**Lifelong learning can keep your brain fit.**

Join Tracy Bigari, PTA, Senior FITness Program Specialist, for an educational session on activities and exercises that can help to

improve your brain function including memory, learning, and task execution. Each attendee will receive a “brain fitness” gift.

**Everyone is welcome to attend.**

## **ANTIQUES TREASURE DAY**

**Wednesday, September 11<sup>th</sup>**

**Towne Centre Stretches**

**1:30pm**

Join us for a nostalgic look back at the charm of yesteryear with antique collector Joan Johnson! Can you guess the treasure?

**Everyone is welcome to attend.**

## **MUG ‘N’ MUFFIN**

**Friday, September 13<sup>th</sup>**

**Park Hill Recreation Room**

**8:30-10:00am**

**Menu: Jumbo Muffin & Coffee**

**Price: \$1.50**

## **BICYCLE RIDE FOR FRIENDSHIP AND FUN!**

**Thursdays, beginning September 12<sup>th</sup>**

**10:00am**

Do you enjoy bike riding and want to explore around town? Ride on over to the back parking lot of Towne Centre and enjoy a nice morning bike ride through Riverside Park.

We would love to have you join the happy peddlers group! Please call Joan Genz with any further questions at 920-262-0923.

**Everyone is welcome.**

## **GRANDPARENTS DESSERT SOCIAL**

**Friday, September 13<sup>th</sup>**

**Towne Centre Stretches**

**1:30pm**

Come and celebrate all grandparents with songs by the Easy Days Quartet! Thank you for being you!

**Lights refreshments will be served.**

**Everyone is welcome to attend.**

## **DO YOU HEAR WHAT I HEAR?**

**Friday, September 13<sup>th</sup>**

**Towne Centre Stretches**

**2:45pm**

Do you enjoy singing and want to be part of the Marquardt Village holiday choral group? Plan to come and find out more at our informational meeting following music on Friday, September 13<sup>th</sup> at approximately 2:45 p.m. Come and voice your opinion – do you want a relaxed choral group or to sing as a choir with harmony parts! Invite your friends to join us. The community is welcome.

## **FAMILY FUN BINGO**

**Saturday, September 14<sup>th</sup>**

**Towne Centre Stretches**

**1:30pm**

**Bingo Games and Special Prizes!**

**Price: \$.50 per card (4 total cards)**

**Enjoy a cookie before bingo!**

**Invite your family and friends for a fun afternoon!**



## **MAKE YOUR OWN GREETING CARD WORKSHOP**

**Wednesday, September 18<sup>th</sup>**

**Towne Centre Stretches Room**

**10:00am**

Come and create your own handmade “Birthday Wishes” or “Get Well” greeting card with Kathy Reinhard. No experience necessary. All materials will be provided.

**Join us to make beautiful greeting cards!**



## **A DAY ON THE FARM**

**Wednesday, September 18<sup>th</sup>**

**1:30pm**

**Towne Centre Stretches Room**

Join Daphne Holterman, Rosy-Lane Holsteins, LLC, Watertown, who will present “The Past, Present and Future of the Dairy Industry”.

Learn how innovative farming today and tomorrow affect the life of a farmer. Come and show your support today to honor the contributions of our dairy farmers!

**Black Cows will be served.**

**Everyone is welcome to attend.**

## **FREE TECHNOLOGY HELP**

**Thursday, September 19<sup>th</sup>**

**Towne Centre Occasions**

**10:00-11:00am**

**Instructor: Regina Thompson**

This open session is a friendly place where you can take your time, learn at your own pace, and gain a level of comfort with computers and technology. Bring your own smartphone, iPad or laptop and any questions and get one-on-one help with a volunteer instructor. Don't be intimidated by technology, come and learn with us!

**Free for all participants!**

## **MUSIC FOR ALL**

**Friday, September 20<sup>th</sup>**

**Towne Centre Stretches**

**1:00pm**

Come and sing along to your favorite country music featuring the Sutter Brothers Duo. Enjoy the show featuring a repertoire filled with old time favorites.

**Light refreshments will be served.**

**Everyone is welcome to attend.**



## **HEALTH & WELLNESS PROGRAM**

**Tuesday, September 24<sup>th</sup>**

**Towne Centre Stretches Room**

**10:30am**

Join Claire Murray, Marquardt Village Registered Dietician, who will present “Eating a Gluten Free Diet: Pros and Cons.” **Learn the pros and cons** that you need to know before eating a **gluten-free** diet.

**Light refreshments will be served.**

**Everyone is welcome to attend.**



## **MARQUARDT VILLAGE**

### **SHEEPSHEAD TOURNAMENT**

**Tuesday, September 24<sup>th</sup>**

**Towne Centre Stretches**

**1:00-3:00pm**

Join us for the monthly Marquardt Village Open Sheepshead Tournament held at the Towne Centre Stretches, from 1:00-3:00 p.m. The doors will open at **12:15 p.m.** with announcement of rules at **12:45 p.m.** The games are five handed with Jack of Diamonds partner. The tournament will consist of two rounds of 20 hands. The entry fee is \$2.00 per person and \$.05 per chip. The payout is 100% with prizes awarded to the top 3 finishers minimal. Game play will begin at 1:00 p.m. This event is open to all family, friends and the community!

For more information, call Joan Genz at (920)262-0923.

## **MARQUARDT VILLAGE**

### **PROGRESSIVE BINGO**

**Wednesday, September 25<sup>th</sup>**

**Towne Centre Stretches**

**1:30pm** Bingo

**Price:** \$.50 per card (4 total cards)

A progressive game will be played for blackout. Progressive game – A special game with prize amount that grows until it is won.

**Invite your family and friends for a fun afternoon social!**

## **SONGS ABOUT THE OUTDOORS**

**Friday, September 27<sup>th</sup>**

**Towne Centre Stretches Room**

**1:30pm**

Join us for an afternoon of songs, memorable quotes and music about the great outdoors with Neal & Connie Mundt !

**Light refreshments will be served.**

**Everyone is welcome!**



## **WORSHIP**

**Bethany Chapel Services**

**Sundays**

**9:00 a.m.** at Park Terrace Assisted Living

**10:00 a.m.** at MHC Chapel

**11:00 a.m.** at Park Ridge Assisted Living

**Wednesdays:** Catholic Rosary 6:30 pm  
Station 3 Living Room at MHC

***Services are televised on channel (3)***



## **10 COMMANDMENTS BIBLE**

### **STUDY**

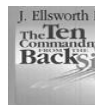
**Tuesday, September 10<sup>th</sup>**

**2:30pm**

**Park Hill First Floor Meeting Room**

Would you like to take a new look at the Old Testament? Would you like to learn how the Law was meant to make life richer and more fulfilling? Might you want to gain new insights into positive possibilities for a more Godly and grace-filled way of living? Join Rev. Jane Gehler on the 2<sup>nd</sup> Tuesday of the month at 2:30 p.m. for an adult study called, “Ten Commandments from the Back Side.”

**Everyone is welcome to attend.**



## **EXODUS BIBLE STUDY**

**Tuesday, September 10<sup>th</sup> & 24<sup>th</sup>**

**Towne Centre Stretches**

**4:00pm**

The Old Testament Book of Exodus has no shortage of dramatic moments – a whole people face enslavement and genocide, a princess discovers an abandoned baby, a bush on fire never burns up, and an unarmed shepherd walks out of the wilderness to do battle with the most powerful man on earth, and that is just the first four chapters. Join Rev. Jane Gehler for a monthly study of the Book of Exodus.

**Everyone is welcome to attend.**



## **ECUMENICAL WORSHIP SERVICE**

**Tuesday, September 24<sup>th</sup>**

**Marquardt Health Center Chapel**

**1:45pm**

Join us for a monthly Ecumenical Worship Service and Holy Communion that is held on the last Tuesday of every month at 1:45 p.m. in the Chapel. This is a service of music, scripture readings, short message, and communion. The Moravian Church practices an open table and all faith traditions are welcome to receive the bread and the cup. If your tradition does not allow you to receive communion, please come anyway for the Worship, fellowship and a blessing in place of the communion elements.

If you have any questions, please feel free to contact: Rev. Jane R. Gehler, Director of Spiritual Care at ext. 1221, 920-206-4921, or [jgehler@marquardtmanagement.com](mailto:jgehler@marquardtmanagement.com).

## **BIBLE STUDY**

**Tuesday, September 9<sup>th</sup> – October 28<sup>th</sup>**

**4:00pm**

**Towne Centre Stretches Room**

Join Al & Kathy Reinhard, who will facilitate a seven week bible study video series from **Genesis to Jesus resurrection.**

**Light refreshments will be served.**

**Everyone is welcome to attend.**

## **SUNDAY MORNING CHAPEL VOLUNTEERS WANTED**



Several volunteers needed to help escort Health Center residents to Chapel on Sunday morning. You will meet with the staff at 9:15 a.m. on Sunday morning to get assignment, escort the residents to 10:00 a.m. Chapel service, sit with residents during service, and then escort them back to their rooms.

Volunteers will be done by 11:00 a.m. Escorts need to be able to push residents in wheelchairs. Training is available for volunteers.

We hope you would consider helping once every 4 to 6 weeks. If you are interested, please contact Rev. Jane Gehler, Director of Spiritual Care at ext. 1221 or phone 920.206.4921, or by email -

[jgehler@marquardtmanagement.com](mailto:jgehler@marquardtmanagement.com).

## **FUN AND GAMES**

### **OPEN CARD & BOARD GAMES**

**Towne Centre Escapades**

Enjoy playing card and board games, billiards or television at your own leisure in the Escapades!

Friends and family are welcome to join you.

### **MAH JONGG**

**Mondays**

**Towne Centre Escapades**

**1pm**

Mah Jongg is a game of skill, strategy, and calculation and involves a certain degree of chance. Challenge your skills and mind!

## **BILLIARDS AFTERNOON!**



**Tuesdays & Thursdays**

**Towne Centre Escapades**

**1:30pm**

Come and join our friendly, social pool competition on Tuesday and Thursday afternoons at the Towne Centre Escapades. Learn the rules of the game, practice your skills and put them to test in a game against friends! Come out and join in the fun! Everyone is welcome.

## **QUIDDLER CARD GAME**

**Tuesdays**

**Towne Centre Escapades**

**11am**

Join us for Quiddler in Escapades! Kay Ward will teach the card game Quiddler, a short word game using a deck of cards. This is a fun and easy game to learn!

**Fun for all, it might be your next favorite word game!**

## **SHEEPSHEAD**

**Every Wednesday**

**Towne Centre Escapades**

**10:00am**

## **WII BOWLING**

**Wednesday, September 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup> & 25<sup>th</sup>**

**Towne Centre Stretches**

**2:00pm (time subject to change)**

Come and learn how to play this fun and easy bowling game, using our Nintendo Wii gaming system. It's **bowling** with a simple sweep of your arm using a



lightweight **Wii Remote Controller**. It's just like regular **bowling** without throwing the heavy **bowling** ball. We will play on a big screen TV. No experience necessary. **Come** and experience the **fun** of **Wii Bowling!** **Friends and family welcome.**

## **SKAT**

Every Friday

**Towne Centre Escapades**  
**9:15-11:15am**

## **BRIDGE**

Wednesdays

**Towne Centre Escapades**  
**1:00pm**

## **BRIDGE**

Fridays

**Towne Centre Stretches**  
**11:00am**

Come and learn the basic rules for the game of Bridge with instructor Barb Berg. If you are new to the game or wish to sharpen your skills, plan to join this group! It is suitable for both beginners and more advanced players. Grab a friend and come join the fun!

## **CHICKEN FOOT**

Saturday, September 21<sup>st</sup> & 28<sup>th</sup>

**Park Centre South Social Lounge**  
**2:00pm**

Chicken Foot is a domino game whose object is to accumulate as few points as possible over the 13 games - the player with the lowest total score is the winner. It's an easy and fun game to learn for 2 or 20 players.

## **EUCHRE**

Sundays

**Towne Centre Stretches**  
**2:00-4:00pm**

## **ARTS AND CRAFTS**

### **COME AND LEARN ROSEMALING**

Mondays

**Towne Centre Stretches**  
**10:00am.**

Come and learn the beautiful art of Rosemaling with step-by-step instructions by Ella Ison. The lessons will show simple techniques how to load the brush, proper brush handling, and basic strokes. All supplies will be provided free of charge. Invite a friend and join the fun!

## **CERAMICS CLASSES**

Mondays

**2:00-4:00pm**

**Mary Frater's House**

**1128 Highland Ave. of Marquardt Village**

Come and enjoy creative social time with new people while learning the basics of ceramics with instructor Mary Frater.

For more information, contact Mary at 261-3059.



## **FLEECE BLANKETS**

Monday, September 16<sup>th</sup>

**9:30am**

**Towne Centre Stretches Room**

**Instructor: Esther Else**

**Project: No-Sew Tie Fleece Blankets**

Come and help make easy no-sew tie fleece blankets. No sewing required, just tie them together. If you can tie a knot, you can make this blanket! Join in the fun!

## **SOCIAL STITCH**

Mondays

**Park Centre North Table Lounge**  
**1:30pm**

Join us for an afternoon of stitching, lots of fun conversation and fellowship! Bring your own knitting, crocheting and weaving project or learn something new while meeting new friends! All skill levels welcome! Supplies will be provided if you want to help make items for our annual craft fair.

## **MAKING FIDGET BLANKETS**

Wednesday, September 25<sup>th</sup>

**Towne Centre Stretches Room**  
**1:30-2:30pm**

Fidget Blanket Sewing or supplies available for volunteer pick up

Come and help create A "Fidget, Fiddle, or Busy" Quilt or Activity Blanket. The fidget blanket is a small lap quilt, mat or blanket that provides sensory and tactile stimulation for the restless or "fidgety" hands of someone with Alzheimer's or related dementias. The blankets are sewn together by using fabric choices, colors, textures, and the use of accents or simple accessories such as pockets, laces, trims, buttons, velcro and zippers. Don't know how to sew, we can still use you to help with cutting, ironing, etc.! All caring hands are welcome to help with the process of assembling the blankets! Come and be part of this collaborative project!



## **SEWING CLASS**

Wednesday, September 4<sup>th</sup>

**Towne Centre Stretches Room**  
**9:30-11:00am**

Come and share your love of sewing with us! Join us once a month to work on simple





sewing, quilting or craft projects or just join us for friendly conversation! Sewing is relaxing, fun, creative and a useful and rewarding skill. Sewing is an easy craft to learn. Even though you are unfamiliar with how sewing machines work, you can still learn to sew. If you have a simple craft or sewing project to share with others, please bring along with you!  
**Everyone is welcome to attend.**

## **MARQUARDT VILLAGE CARING CRAFTERS**

**Resume in October**  
**2<sup>nd</sup> & 4<sup>th</sup> Wednesday**

**9:30-11:00am**

**Park Hill Apts. Recreation Room**

If you enjoy knitting or crocheting, this program is for you. Bring your needles and make plans now to join us for this fun, inspiring morning! Drop in anytime. Caring Crafters is a community service group who knits or crochets for many charities, including Marquardt Hospice. We would love for you to join us! Everyone is welcome.



## **EXERCISE AND FITNESS**

### **SENIOR FITNESS PROGRAMS**

**Towne Centre Stretches Room**

Looking for a fun, friendly environment to motivate and challenge you? Come and try out all the NEW fun classes being offered at the Towne Centre. Explore new options! Classes are designed for all fitness levels. A chair is used for seated or standing support. You will enjoy the camaraderie and the encouragement of the group! Get fit with us and meet new faces! (See attached flyer)

### **GENTLE YOGA**

**Mondays**

**8:00am**

**Towne Centre Strides**

What better way to start your day and week than with yoga? This Gentle Yoga class led by Tracy Bigari, PTA, Senior FITness Program Specialist, will lead you through a gentle flow of yoga-based exercises to increase your strength, flexibility, endurance and balance. If you have a yoga mat, please bring it. Otherwise one will be provided. Please note: No previous yoga experience is required, but you will need to be able to get up and down from the floor, as this will be a mat-based class.

### **BETTER BALANCE**

**Mondays and Fridays**

**9:00am**

**Towne Centre Strides**

**Better Balance** is our basic balance class ideal for anyone who wants to improve his/her balance. The class is a combination of seated and standing exercises to help improve your strength, reaction time, and overall balance abilities. **No class fee.**

### **MINDFUL MOVEMENT**

**Mondays**

**1:00pm**

**Towne Centre Stretches**

**Mindful Movement** is a calming class that focuses on slow movements to connect the motions of the body with the mind. This class will combine elements from Yoga and Tai Chi, as well as gentle stretches and breath work. **No class fee.**

### **SIT & FIT**

**Tuesdays and Thursdays**

**10:30am**

**Towne Centre Stretches**

**Sit & Fit** is a chair fitness class that offers a full-body workout. The exercises are performed seated with a brief set of *optional* standing exercises for those who are able. A different focus and/or theme is introduced each class to keep things interesting! **No class fee.**

### **WALKING CLUB**

**Tuesdays**

**11:30am**

**Park Hill Front Entrance**

**Walking Club** will meet at the Park Hill front entrance for a 20-30 minute group walk indoors or outdoors depending on the weather. All abilities and walking speeds welcome. Have a walker or cane? Bring it along! **No class fee.**

### **SIT & STRETCH**

**Wednesdays**

**9:00am**

**Towne Centre Strides**

**Sit & Stretch** is a relaxing class that will focus on increasing flexibility and range-of-motion to allow for improved mobility and function. This is a great complement for any fitness regimen. **No class fee.**

### **BEGINNER CHAIR DANCE CLASS**

**Wednesdays**

**10:00-10:45am**

**Towne Centre Stretches Room**

Looking for a fun way to dance? Join Instructor Rita Ensminger who will lead you through easy-to-follow choreographed dance moves all done without leaving the chair. No dance experience required. Come and join the fun! **No class fee.**



## **ADVANCED BALANCE**

Wednesdays

10:30am

Towne Centre Strides

**Advanced Balance** is for individuals looking for a little extra balance challenge from the basic balance class. To participate in this class, you should be comfortable with standing for 10 minutes at a time. **No class fee.**

## **HEALTHY HANDS AND ACTIVE SENSES**

Wednesdays

1:00pm

Towne Centre Stretches

**Healthy Hands And Active Senses** is a unique class that will help to strengthen and relieve pain in your hands, as well as to awaken your senses with different sensory experiences. Research shows that sensory stimulation can be helpful in preventing memory loss, cognitive decline and other nervous system changes that can occur with aging. Try this class for a “sense”-sational time. **No class fee.**

## **ADVANCED CHAIR DANCE CLASS**

Fridays

Towne Centre Stretches Room

10:00-11:00am

Join Instructor Rita Ensminger who will lead you through easy-to-follow choreographed dance moves all done without leaving the chair. This class uses a variety of music, creating a captivating period filled with fun moves for each song. A great way to be active, integrate socially, and have fun at the same time! No experience is necessary. Come and experience the joy of dance in a fun way with Rita! **No class fee.**

## **MOVING TO MUSIC**

Fridays

11:00am

Towne Centre Stretches

**Moving To Music** is a fitness class if you like moving music! You will be guided through fun dance-like moves to give you an easy and fun workout. If you want to improve your fitness without feeling like you are exercising, this is the class for you! **No class fee.**

## **BRAIN GAMES**

Fridays

1:00pm

Towne Centre Stretches

Keep your brain fit! Join us for a variety of simple and fun brain teasers, puzzles, riddles etc. to help keep your mind and memory sharp. **No class fee.**

## **SENIOR FITNESS**

Tuesdays, Thursdays and Saturdays

9:30 a.m.

Park Centre South Social Lounge

Exercise Tape

## **SENIOR STRETCH AND BALANCE**

Tuesdays - Resumes September 17<sup>th</sup>

Towne Centre Stretches Room

4:00pm

Instructor: Tracey Listel

**Fee paid directly to instructor**

Senior Stretch & Balance is geared towards bodies that are more physically challenged, requiring a more gentle approach to exercise. This class is excellent for those with arthritis, fibromyalgia, hip/knee replacements, trouble getting up and down from the floor, or for those who have not exercised in a long time and are looking to start slowly. Routines/poses are seated in a chair part of the

time and standing part of the time. Breathing & relaxation techniques are utilized to aid the participant to inner calm, renewed energy while the poses/movement help increase flexibility, fluidity, balance, confidence, range of motion and an overall sense of well-being. Please remember to dress comfortably and bring water to keep well hydrated.

## **BEGINNER LINE DANCING**

Thursdays

Towne Centre Stretches Room

12:30pm

Instructor: Nancy Wrensch

**Fee paid directly to instructor**

The beginner line dance class is a great place to start! No previous dance experience is necessary. Learn the basics of country line dancing. It's exercise disguised as **fun!** No partner needed, just come as you are! Invite your friends and join us on the dance floor!



## **CHAIR STRETCH, BALANCE AND MOVE CLASS**

Saturdays

September 7<sup>th</sup> – October 19<sup>th</sup>

Towne Centre Stretches Room

10:00-11:00am

Instructor: Beth Mueller

Participants will be guided through stretches that wake-up muscle groups in the body from head to toe, all while seated in a chair! Balance exercises will be taught while using the chair to stabilize the body while standing. Class will also include learning different breathing techniques using slow flowing movement to music (while seated) and class will end with relaxation and stillness. **No class fee. Everyone is welcome to attend.**

## **GET HEALTHY WATERTOWN**

### **Saturdays**

#### **Towne Centre Stretches Room**

**9:00-10:00am**

Marquardt Village has teamed up with Get Healthy Watertown “Walk on Saturday” program. It is held every Saturday throughout the year. The indoor walks are held at the Towne Centre and the outdoor walks are held outside within the city limits of Watertown. One, two and three mile routes, from 20 different starting points, cover all areas of the city. You will visit city parks and many historic places. Every walk is different with a total of 60 varied routes. Each week, the 3 routes begin and end at the same point. For further questions, please contact Joan Genz at 920-262-0923 or ext. 6020. **Come and walk with us, make new friends and stay motivated!**

## **SUPPORT GROUPS**

### **DEPRESSION SUPPORT GROUP**

**1<sup>st</sup> & 3<sup>rd</sup> Thursdays**

**Thursday, September 3<sup>rd</sup> & 17<sup>th</sup>**

**Park Hill Apts. First Floor Meeting Room  
6:30-8:00pm**

The Depression and Bipolar Support Alliance (DBSA) offers free support meetings on the 1<sup>st</sup> & 3<sup>rd</sup> Thursdays, from 6:30-8:00pm at Park Hill Apts., 1121 Highland Avenue, Marquardt Village. This support group is affiliated with DBSA and their mission is to provide hope, help, support, and education to improve lives of people who have mood disorders. Come and join us in a safe, supportive and learning environment. The meetings are facilitated by trained DBSA facilitators. There is no cost or commitment for individuals to attend. Open to the public. For more information, please

call Ruth Rehbaum at (920)206-4642 or Joan Genz at (920)262-0923.

## **HOSPICE BEREAVEMENT GROUP**

**Wednesday, September 25<sup>th</sup>**

**Hafemeister Funeral Home**

**611 E. Main Street**

**10:00am**

Hafemeister Funeral Home and Cremation Service along with Marquardt Hospice will be hosting a Hospice Bereavement Group at the funeral home on the 4<sup>th</sup> Wednesday of every month at 10:00 a.m. The Bereavement support group is open to anyone who has lost a loved one and is looking for support through the grieving process. This is a safe and supportive environment to help you begin to process your grief and move forward.

## **ALZHEIMER'S SUPPORT GROUP**

**4<sup>th</sup> Wednesday**

**Watertown Public Library**

**4:00-5:00pm**

Provides information, education and support to caregivers of persons with Alzheimer's and other progressive dementias. Meetings are open to the public. For questions, contact Nancy Percifield at 920-887-7191

## **WATERTOWN MEMORY CAFÉ**

**Fourth Thursday**

**Heritage Homes**

**700 Welsh Road**

**10:00 a.m. – 12:00 p.m.**

Please join us. The **Memory Cafe** is a place of camaraderie where those with dementia and their caregivers can get together in a safe, supportive, and engaging environment. It is a time and place where people can interact, laugh, cry, find support and share concerns without feeling embarrassed or

misunderstood. They also provide an informal and social environment in which to learn new skills, enjoy activities, listen to guest speakers and make new friends. Everyone is welcome.

**Marquardt Village** in conjunction with the Memory Café will be hosting a monthly game day held on the **third Thursday** of each month in the Towne Centre Stretches. The next game day will be held on **Thursday, September 19<sup>th</sup>**. **The game day is open to everyone!**

## **MARQUARDT VILLAGE TRIPS**

### **FIRESIDE DINNER THEATRE**

**The Booth Brothers**

**Tuesday, September 17<sup>th</sup>**

**Price: \$60.00**

**Walking Level: Moderate**

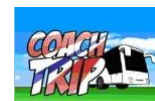
**Highlights:** fish fry buffet and show; Jones Market Outlet Store

**Reservations are required by August 16<sup>th</sup>.**

**Depart:** 9:15am Park Hill Apts., 9:20am Park Centre North Apts., 9:25am Park Centre South Apts.

**Return:** Approximately 5:00pm

- **Fee will be added to your monthly Marquardt Village statement**
- **Reminder:** If you have a **late cancellation** (reservation deadline) or a **no show** for the trip, your account will be charged.
- **St. Coletta Van Transportation**
- **Moderate walking**
- **Reserved seats**
- **15 participants are required or trip will be canceled**
- **Family and friends welcome**



## **HORICON MARSH SIGHTSEEING TOUR**

**Thursday, September 26<sup>th</sup>**

**Price: \$25.00**



Walking Level: Moderate

Highlights: lunch on bus, Horicon boat tour and Waldvogel's Farm Market

**Reservations are required by September 5<sup>th</sup>.**

Depart: 11:15am Park Hill Apts., 11:20am Park Centre North Apts., 11:25am Park Centre South Apts.

Return: Approximately 4:00pm

**\*Fee will be added to your monthly**

**Marquardt Village invoice**

**\*Mini Coach via GoRiteway**

**\*Moderate walking**

**\*15 participants are required or trip will be canceled**

**\*Family and friends welcome**

## **FALL EXCURSION**

**Tuesday, October 15<sup>th</sup>**

**Price: \$35.00**



Walking Level: Moderate

Highlights: Old World Wisconsin; box lunch and Kettle Moraine Scenic Drive

**Reservations are required by October 4<sup>th</sup>.**

Depart: 9:15am Park Hill Apts., 9:20am Park Centre North Apts., 9:25am Park Centre South Apts.

Return: Approximately 3:00pm

**\*Fee will be added to your monthly**

**Marquardt Village invoice**

**\*Mini Coach via GoRiteway**

**\*Moderate walking**

**\*15 participants are required or trip will be canceled**

**\*Family and friends welcome**

## **TRIPS**

### **KIM'S TOURS**

**The Clauson Family Music Show in Coloma, WI**

**Date:** September 12, 2019 **Price:** \$79

**Highlights:** Historic Clauson Barn Theater; included lunch

### **TRAVEL WITH US!**

Marquardt Village is partnering with Kim's Tours, Beaver Dam, to offer a variety of excursions with departures from Marquardt Village or within city limits. Don't see something you are interested in. Tell us where you would like to travel next? Theater, sports, cultural, historic, ethnic, gaming destinations or extended trips? We want to hear from you! For suggestions, please contact Joan Genz at 920-262-0923 or ext. 6020. Book your day trip with Kim's Tours today at (800)238-1088!

### **LAMERS TOUR AND TRAVEL**

**Fall Spectacular Music Show**

**Date:** September 13, 2019 **Price:** \$99

**Highlights:** Clauson Family Music Show; included lunch at Barn Theatre in Coloma

**Warrens Cranberry Fest**

**Date:** September 28, 2019 **Price:** \$51

**Highlights:** 850 Arts & Crafts booths and the Flea Market/Antique Show, fall produce

**Celebration Belle Fall Cruise**

**Date:** October 2, 2019 **Price:** \$129

**Highlights:** morning arrival fruit and homemade sticky rolls; 4 hour lunch cruise down the Mississippi River; music on the cruise

**Ag-Venture in Manitoc**

**Date:** October 23, 2019 **Price:** \$84

**Highlights:** Pine River Dairy; Farm Wisconsin Discovery Center; included lunch on farm; Lakeside Country Store

**Mall of America Weekend**

**Date:** November 2-3, 2019 **Price:** \$233 pp Single, \$171 Double, \$150 Triple, \$139 Quad

**Highlights:** Mall of America, Ikea

**Fireside Dinner Theatre**

**Date:** November 23, 2019 **Price:** \$119

**Highlights:** musical A Christmas Story; meal

**The Palace Theater**

**Date:** December 6, 2019 **Price:** \$113

**Highlights:** Christmas music by Dolly & Kenny; meal

**For more details, tour brochures are available in the building coffee areas or in the Towne Centre Stretches Room.**

**Please contact Lamers office at 1-800-236-8687 to make a reservation or for more information.**

## **UPCOMING EVENT**

### **MEDICARE OPEN ENROLLMENT CHANGES**

Are you interested in learning about all of the Medicare Open Enrollment changes for 2020? Amanda Higgins, Dodge County Elder Benefit Specialist, will be available in the beginning of October to review your options. The date will be in the beginning of October, but we need at least 10 committed participants. Please call Joan Genz at 920-262-0923 to reserve your seat! Please Note: We have attached a flyer for your reference.



## **IMMUNIZATION CLINICS**

### **Coming in October!**

Flu season is around the corner.

Marquardt Village Home Health will offer flu shots in October. More details soon.

## **GET YOUR CHOCOLATE HERE!**

The Nutman Company is Coming Soon!

**Monday, October 7<sup>th</sup>**

**10:00 a.m. - 2:00 p.m.**

**Towne Centre Main Lobby**

Get your favorite nuts, chocolates, snack mixes and candies. Sugar free items also available.

## **MARQUARDT VILLAGE VETERANS**

### **CALLING ALL VETERANS**



### **We Want To Honor You!**

Thank you so much for serving our country! Marquardt Village is reaching out to all of our veterans to ask for your help in identifying yourself and/or a spouse. To commemorate your service, we have launched a weekly flying of a new flag at the Towne Centre in honor of all veterans. The flag is presented to the veteran or spouse the following week by Jennifer Johnson, Campus Administrator. We want to salute our heroes for the sacrifices they made for our nation. If you or a spouse who has passed are a veteran and would like your name added to our list and you have not already done so, please contact Emily Boyd at 920-206-4617 or Joan Genz at 920-262-0923 or ext. 6020.

## **MARQUARDT VILLAGE VETERANS HONORED FOR THE MONTH OF AUGUST**

**Richard Luhman** Army

September 1-7, 2019

**Earl Maas** Navy

September 8-14, 2019

**Elroy Maasch** Army

September 15-21, 2019

**Don Malcom** Army

September 22-28, 2019

**Richard McLaughlin** Army

September 29-October 5, 2019

## **THANK YOU FOR SERVING OUR COUNTRY!**

## **COMMUNITY**

### **WATERTOWN FARMERS MARKET**

**Tuesdays, beginning May 7 – October 29**

Watertown Riverside Park

850 Labaree Street

**7:00am - Noon**

**Thursdays, August - October**

Watertown Public Library Parking Lot

100 South Water Street

**3:00 – 6:00pm**

Local vendors will provide a variety of seasonal produce and specialty products. Everyone is welcome.

### **PUBLIC LIBRARY OUTREACH**

The Watertown Public Library offers a free *Home Delivery of Library Materials Program*. Through this program, library materials are delivered to those who are permanently or temporarily homebound due to disability or health problems.

For more information, please contact Joan Genz at 920-262-0923 for eligibility requirements to receive this service.